Trail Making (Part A) – SAMPLE
Trail Making (Part B)

Patient's Name: _______________________________  Date: ____________________
Trail Making (Part B) – SAMPLE
**Instructions:**

Step 1: Give the patient a copy of the Trail Making Test (Part A) worksheet and a pen or pencil.

Step 2: Demonstrate the test to the patient using the sample sheet (Trail Making (Part A) – SAMPLE).

Step 3: Time the patient, as he or she follows the “trail” made by the numbers on the test.

Step 4: Record the time.

Step 5: Repeat for Trail Making Test (Part B).

**Scoring:**

<table>
<thead>
<tr>
<th></th>
<th>Average</th>
<th>Deficient</th>
<th>Rule of Thumb</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trail A</td>
<td>29 seconds</td>
<td>&gt; 78 seconds</td>
<td>Most in 90 seconds</td>
</tr>
<tr>
<td>Trail B</td>
<td>75 seconds</td>
<td>&gt; 273</td>
<td>Most in 3 minutes</td>
</tr>
</tbody>
</table>

**Source:**