### FAST FACTS

- **Gender Unicorn**

#### The Gender Unicorn

<table>
<thead>
<tr>
<th>Gender</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>Traditional masculinity.</td>
</tr>
<tr>
<td>Female</td>
<td>Traditional femininity.</td>
</tr>
<tr>
<td>Non binary</td>
<td>A spectrum of gender identities outside the traditional binary.</td>
</tr>
</tbody>
</table>

#### Key Points

- **Gender Identity vs. Gender Expression**: Gender identity refers to a person's internal sense of their gender, while gender expression refers to how they express their gender externally.

#### Transgender

- A gender identity that is different from the sex assigned at birth.

#### Transgender Rights

- **Right to Live**: The right to live as one's chosen gender.
- **Right to Dress**: The right to dress in a manner that aligns with one's gender identity.
- **Right to Access**: The right to access gender-appropriate facilities.

#### Support Systems

- **Family & Friends**: Understand and support the gender identity of the transgender individual.
- **Counselors & Support Groups**: Professional support for navigating gender identity.
- **Medical Professionals**: Understanding and managing gender dysphoria.

#### Resources

- **Mental Health Services**: Access to mental health professionals who specialize in LGBTQ+ issues.
- **Legal Services**: Assistance with legal matters related to gender identity.

#### Social Justice

- Advocating for equal rights and respectful treatment of transgender individuals.

#### Education

- **Curriculum Development**: Incorporating gender and LGBTQ+ studies into education.
- **Awareness Programs**: Initiating awareness and acceptance initiatives in schools.

#### Key Terms

- **Gender Non-conforming**: Refers to people who deviate from societal expectations of gender expression.
- **Gender Dysphoria**: A sense of discomfort with the gender one was assigned at birth.